

**Concurrent Session 2; Stream 2 – Myth-busting: Dispelling the myths about breast cancer** **VIRGO**

- 16:00–17:30 **Chair: Eva Knappová (Czech Republic)**  
 16:00 **Let's give breast cancer a break: distinguish myths from facts**  
 Speaker: Inderjeet Sethi (India)
- 16:20 **How storytelling saves the lives of women with breast cancer**  
 Speaker: Stephné Jacobs (South Africa)
- 16:40 **Shear the beliefs and irradiate the myths**  
 Speaker: Rama Sivaram (India)
- 17:00 **Patient perspectives about spirituality and spiritual care**  
 Speaker: Margaret Fitch (Canada)
- 17:20 **Questions & Answers**

**Concurrent Session 2; Stream 3 – Catching it early** **LEO**

- 16:00–17:30 **Chair: Jiří Gatók (Czech Republic)**  
 16:00 **Importance of screening**  
 Speaker: Miraslava Skovajsová (Czech Republic)
- 16:20 **Breast cancer community screening in Pune, India**  
 Speaker: Laleh Buseri (India)
- 16:40 **Introduction of MRI for early breast cancer detection in China**  
 Speakers: Olivia Ho Cheng (USA), Anli Shi (China)
- 17:00 **Fiji and Australia: a sisterhood project raising awareness and education**  
 Speaker: Teresa Mazzafarro Cuda (Australia)
- 17:20 **Questions & Answers**

**Friday, 14 June 2019**

**Plenary Session 3 – Peer support as a key component of holistic breast cancer care: panel discussion** **NADIR**

- 08:30–10:00 **Chair: Ranjiti Kaur Pritam Singh (Malaysia)**  
 08:30 **The Reach to Recovery movement: a history and the way forward**  
 Speaker: Cathy Hirsch (USA)
- 08:45 **The benefits of peer support from the cancer society's perspective**  
 Speaker: Angela Harris (Scotland)
- 08:45 **The benefits of peer support from the peer support volunteer organization's perspective**  
 Speaker: Leonie Young (Australia)
- 08:45 **The benefits of peer support from the oncology specialist's perspective**  
 Speaker: Maira Caleffi (Brazil)
- 08:45 **The benefits of peer support from the patient's perspective**  
 Speaker: Ann Steyn (South Africa)
- 09:45 **Questions & Answers**

**Concurrent Session 3; Stream 1 – Psychological aspects of breast cancer** **NADIR**

- 10:30–12:00 **Chair: Ranjiti Kaur Pritam Singh (Malaysia)**  
 10:30 **The needs of the patient: a model for caring**  
 Speaker: Ann Steyn (South Africa)
- 10:50 **From chaos to calm supporting families experiencing breast cancer**  
 Speaker: Jo Lovelock (Australia)

- 11:10 **Dealing with depression after a breast cancer diagnosis**  
 Speaker: Cathy Hirsch (USA)
- 11:30 **Life Beyond Cancer: sexuality, intimacy, self esteem**  
 Speaker: Leonie Young (Australia)
- 11:50 **Questions & Answers**

**Concurrent Session 3; Stream 2 – Strategies for living well during and after breast cancer** **VIRGO**

- 10:30–12:00 **Chair: Laleh Buseri (India)**  
 10:30 **Nurturing my other half survivorship through holistic healing**  
 Speaker: Rama Sivaram (India)
- 11:00 **When breast cancer and art walk hand in hand**  
 Speaker: Shirley Bianca (Germany)
- 11:30 **Introduction to the Hand-Painting Pink Ribbon Talent Workshop**  
 Speaker: Su Li (China)
- 11:50 **Questions & Answers**

**Concurrent Session 3; Stream 3 – Success stories from local groups** **LEO**

- 10:30–12:00 **Chair: Marta Kostrová (Czech Republic)**  
 10:30 **The Ditta Project: A unique story of Ubuntu in action**  
 Speaker: Stephné Jacobs (South Africa)
- 10:50 **Let's care, be aware**  
 Speaker: Inderjeet Sethi (India)
- 11:10 **An overview of the China Cancer Rehabilitation Society**  
 Speaker: Anli Shi (China)
- 11:30 **Patient-reported outcomes for telephone-based cancer peer support services**  
 Speaker: Margaret Fitch (Canada)
- 11:50 **Questions & Answers**

**Plenary Session 4 – Metastatic breast cancer** **NADIR**

- 13:00–14:30 **Chairs: Jana Prusová (Czech Republic), Ann Steyn (South Africa)**  
 13:00 **How can peer support organizations and care givers best support those with metastatic breast cancer?**  
 Speaker: Musa Mayer (USA)
- 13:30 **Palliative care**  
 Speaker: Michal Kouba (Czech Republic)
- 14:00 **Living well for longer with metastatic breast cancer**  
 Speaker: Fatima Cardoso (Portugal)

**Concurrent Session 4; Stream 1 – Patient navigation and the role of volunteers** **NADIR**

- 15:00–16:30 **Chair: Stephné Jacobs (South Africa)**  
 15:00 **Meeting the support needs of women with advanced breast cancer**  
 Speaker: Leonie Young (Australia)
- 15:20 **Moving forward: supporting people to live well beyond breast cancer**  
 Speaker: Angela Harris (Scotland)
- 15:40 **Recruiting volunteers**  
 Speaker: Ann Steyn (South Africa)
- 16:00 **Silver linings: finding the positive after breast cancer**  
 Speaker: Cathy Hirsch (USA)
- 16:20 **Questions & Answers**

**Concurrent Session 4; Stream 2 – Metastatic breast cancer** **VIRGO**

- 15:00–16:30 **Chair: Musa Mayer (USA)**  
 15:00 **Conversations in mBC**  
 Speaker: Ranjiti Kaur Pritam Singh (Malaysia)
- 15:20 **Unmet needs of women with metastatic breast cancer in Australia**  
 Speaker: Jo Lovelock (Australia)
- 15:40 **Beyond breast cancer – living with mbc in nowadays**  
 Speaker: Angeliki Stefanaki (Greece)
- 16:00 **I am living with, not dying from, advanced breast cancer**  
 Speaker: Deirdre Parr (New Zealand)
- 16:20 **Questions & Answers**

**Concurrent Session 4; Stream 3 – Far-reaching effects of breast cancer on patients and their families** **LEO**

- 15:00–16:30 **Chair: Rama Sivaram (India)**  
 15:00 **Evaluation of the physical and mental health of the caregiver**  
 Speaker: Kyara Bergstrom (South Africa)
- 15:20 **Couples face breast cancer during economic crisis in Greece**  
 Speaker: Klairi (Kleopatra) Tziomaki (Greece)
- 15:40 **Emotional burden caused by weight gain**  
 Speaker: Mirjam Veltling (Netherlands)
- 16:00 **Turning a threat into an opportunity**  
 Speaker: Catherine Parkyn (Switzerland)
- 16:20 **Questions & Answers**

**Poster Guided Tour** **ZENIT**

- 16:30–17:00  
 P.01 **Intimacy and sexuality after breast cancer: professional guidance needed**  
 Poster Presenter: Mirjam Veltling (Netherlands)
- P.02 **The burden of informal caregiving for breast cancer patients**  
 Poster Presenter: Mirjam Veltling (Netherlands)
- P.03 **A cross-sectional study among hospital volunteers in México**  
 Poster Presenter: Esther Cisneros (Mexico)
- P.04 **To save lives of women from cancer on time**  
 Poster Presenter: Radhika Santhanakrishnan (India)

**Saturday, 15 June 2019**

**Plenary Session 5 – The latest in research and treatment** **NADIR**

- 08:30–09:30 **Chairs: Marek Svoboda (Czech Republic), Cathy Hirsch (USA)**  
 08:30 **The newest and most promising treatments**  
 Speaker: Fatima Cardoso (Portugal)
- 09:00 **Genetic testing: what it can and cannot do**  
 Speaker: Lenka Foretova (Czech Republic)

**Closing Ceremony & RRI Awards** **NADIR**

09:30 – 10:30

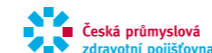
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**RRI Conference Secretariat**

**C-IN**

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REACH TO  
RECOVERY

INTERNATIONAL  
CONFERENCE

2019

PRAGUE

CZECH REPUBLIC

12.6. – 15.6.2019

PROGRAMME



www.reachtorecovery2019.org

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	Wednesday, 12 June	Thursday, 13 June	Friday, 14 June	Saturday, 15 June
	<b>Virgo</b>	<b>Nadir</b>	<b>Virgo</b>	<b>Leo</b>
08:30-09:00		Opening Ceremony		
09:00-09:30		<b>Plenary Session 1 - Breast cancer in young women</b>		
09:30-10:00		<b>Concurrent Session 1; Stream 1 - Exploring the importance of supportive care</b>		
10:00-10:30			<b>Concurrent Session 1; Stream 2 - Body image after breast cancer</b>	
10:30-11:00			<b>Concurrent Session 1; Stream 3 - Breast cancer in younger women</b>	
11:00-11:30				
11:30-12:00		<b>Plenary Session 2 - Catching it early</b>		
12:00-12:30			Lunch	
12:30-13:00				
13:00-13:30				
13:30-14:00	<b>Workshop 1 - Improving communication skills in cancer (an ABC Global Alliance Workshop) (Part I)</b>	<b>Workshop 2 - The role of the breast cancer nurse (Part I)</b>	<b>Workshop 3 - Starting up a peer support programme (Part I)</b>	
14:00-14:30				
14:30-15:00				
15:00-15:30				
15:30-16:00	<b>Workshop 1 - Improving communication skills in cancer (an ABC Global Alliance Workshop) (Part II)</b>	<b>Workshop 2 - The role of the breast cancer nurse (Part II)</b>	<b>Workshop 3 - Starting up a peer support programme (Part II)</b>	
16:00-16:30				
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20:30-21:00				
21:00-21:30				
21:30-22:00				

## Venue

Clarion Congress Hotel Prague \*\*\*\*  
Address: Freyova 33, 190 00 Prague 9, Czech Republic

## Registration

Registration desk is located on the conference 3<sup>rd</sup> floor at the Clarion Congress Hotel Prague

### Opening Hours:

Wednesday 12 June	12:00 – 18:30
Thursday 13 June	07:00 – 17:30
Friday 14 June	07:30 – 17:30
Saturday 5 June	07:30 – 11:30

Registration hotline: +420 725 946 402

## Social Programme

### Welcome Cocktail

Wednesday, 12 June 2019 (17:30 – 18:30)

- Clarion Congress Hotel Prague (3<sup>rd</sup> floor, conference foyer), Freyova 945/33, 190 00, Praha 9 – Vysočany
- Tickets: Included in the registration fees for participants and accompanying persons
- Dress code: smart casual

### Conference Dinner

Friday, 14 June 2019 (19:00 – 22:00)

- Plzenská restaurace Obecního domu, Náměstí Republiky 1090/ 5, 111 21, Praha 1 - Staré Město
- Tickets: 75 USD available at registration desk
- Dress code: smart casual
- 18:30 Meet at Clarion Congress Hotel Prague – registration desk and guided departures by metro to restaurant

### AVON Walk

Saturday, 15 June 2019 (from 12:00)

- Staroměstské náměstí (Old Town Square Place), Prague 1
- AVON Walk full of solidarity, optimism and hope
- The traditional ticket to this charity event is the Avon T-Shirt
- 11:15 Meet at Clarion Congress Hotel Prague (CCHP) – registration desk and guided departures by metro to AVON Walk start

## Conference Language

The conference language is English. No simultaneous translation is provided.

## Cloakroom

A cloakroom is located on the conference 3<sup>rd</sup> floor next to the registration area. The service is provided free of charge to all registered participants.

## Detailed Programme

### Wednesday, 12 June 2019

#### Workshop 1 – Improving communication skills in cancer (an ABC Global Alliance Workshop) **VIRGO**

13:30–17:00 **Facilitators:** Maira Caleffi (Brazil), Ranjit Kaur Pritam Singh (Malaysia), Alison Dawkins (United Kingdom)

#### Workshop 2 – The role of the breast cancer nurse **LEO**

**Facilitators:** Jo Lovelock (Australia), Katie Lovelock (Australia)

#### Workshop 3 – Starting up a peer support programme **TAURUS**

**Facilitators:** Ann Steyn (South Africa), Leonie Young (Australia)

17:30–18:30 **Welcome Cocktail**

### Thursday, 13 June 2019

#### Opening Ceremony **NADIR**

08:30–09:30

#### Plenary Session 1 – Breast cancer in young women **NADIR**

09:30–11:00 **Chairs:** Jan Žaloudík (Czech Republic), Leonie Young (Australia)

09:30 **Addressing fertility issues**  
**Speaker:** David Pavlista (Czech Republic)

09:50 **Treatment and surgery differences**  
**Speaker:** Maira Caleffi (Brazil)

10:15 **Overview of reconstructive surgery**  
**Speaker:** Ivan Justan (Czech Republic)

10:40 **A personal story**  
**Speaker:** Nikola Samková (Czech Republic)

#### Concurrent Session 1; Stream 1 – Exploring the importance of supportive care **NADIR**

11:30–13:00 **Chair:** Sofia Abreu (Portugal)

11:30 **Centers of Amelie as an comprehensive care tool**  
**Speaker:** Kristýna Mauleňová (Czech Republic)

11:50 **Not just all talk: Strategies for younger women**  
**Speaker:** Leonie Young (Australia)

12:10 **Thorns in the Flesh - Lymphedema in cancer care**  
**Speaker:** Rama Sivaram (India)

12:30 **Training advocates to fight for genetic testing in Brazil**  
**Speaker:** Maira Caleffi (Brazil)

12:50 **Questions & Answers**

#### Concurrent Session 1; Stream 2 – Body image after breast cancer **VIRGO**

11:30–13:00 **Chair:** Tomáš Svoboda (Czech Republic)

11:30 **Body image and sexuality after breast cancer**  
**Speaker:** Laura Janáčková (Czech Republic)

11:50 **Psycho-social assessment of post-surgery outcomes after breast reconstruction surgery**  
**Speaker:** Laleh Busheri (India)

12:10 **Walk with pride: a guide to restoring body image after breast cancer**  
**Speaker:** Renuka Prasad (India)

12:30 **My body, myself: altered body image**  
**Speaker:** Catherine Ngaracu (Kenya)

12:50 **Questions & Answers**

#### Concurrent Session 1; Stream 3 – Breast cancer in younger women **LEO**

11:30–13:00 **Chair:** Petra Tesařová (Czech Republic)

11:30 **Pregnancy and breast cancer supporting joy and anguish**  
**Speaker:** Jo Lovelock (Australia)

11:50 **Quality of life and influence factors in young breast cancer**  
**Speaker:** Hongyan Zhang (China)

12:10 **Czech project Bellis supports young women with breast cancer**  
**Speaker:** Nikola Samková (Czech Republic)

12:30 **Life is worth fighting for**  
**Speaker:** Petra Svobodová (Czech Republic)

12:50 **Questions & Answers**

#### Plenary Session 2 – Catching it early **NADIR**

14:00–15:30 **Chairs:** Ann Steyn (South Africa), Miroslava Skovajsová (Czech Republic)

14:00 **Monitoring and evaluation of breast cancer screening**  
**Speaker:** Ondřej Májek (Czech Republic)

14:30 **Addressing access to preventative methods and treatment**  
**Speakers:** Petra Svobodová (Czech Republic), Nikola Samková (Czech Republic)

15:00 **The importance of education and advocacy**  
**Speaker:** Ranjit Kaur Pritam Singh (Malaysia)

#### Concurrent Session 2; Stream 1 – The importance of education and advocacy **NADIR**

16:00–17:30 **Chair:** Cathy Hirsch (USA)

16:00 **Life after cancer treatment, quality of life with late effects**  
**Speaker:** Ellen Harris Utne (Norway)

16:20 **Breast cancer awareness in workplace programmes in Greece**  
**Speaker:** Iris-Eirini Argyri (Greece)

16:40 **M Shakti – awareness of breast cancer: Turning the devil's eye inward**  
**Speaker:** Renuka Prasad (India)

17:00 **The importance of education and advocacy**  
**Speaker:** Faresi Takawira (Zimbabwe)

17:20 **Questions & Answers**

